Terms and Conditions

Timings

White Lotus Spa is open on all days between 11 am & 8 pm (Except Monday)

For Reservations

We would like to ensure that you are able to book at your preferred time;
hence, we recommend advance booking at the spa.
Guests can book a spa appointment by dialling 28 / 27
Walk-in guests are welcome; however, spa treatment is subject to availability.

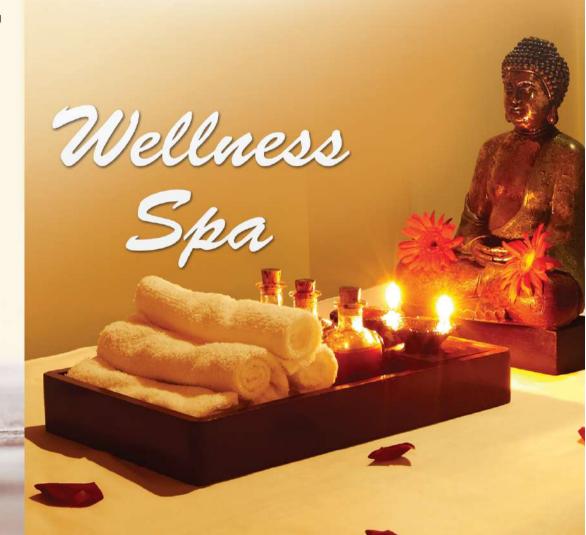
Spa Etiquette

- To ensure you receive the most of your treatment time we recommend that you arrive 15 minutes prior to your scheduled appointment. We, at White Lotus Spa, believe it is important to settle into a relaxed frame of mind so as to enjoy your treatment to the fullest. Kindly note that arriving late may also reduce the time of your treatment to accommodate other appointments.
 - The White Lotus Spa is an alcohol-free, smoke-free, food-free and gadget-free facility.
 Consumption of alcohol, tobacco and food is strictly prohibited in the spa facility.
 Use of mobile phones is not permitted in the spa facility.
 - If you are pregnant, underwent a recent surgery, or have any other medical conditions
 or allergies, please consult a doctor before booking any spa treatments or
 availing any spa facilities as your safety is our top priority.
 - Treatments at The Emerald Hotel's White Lotus Spa are safe, gadget free, natural and non-invasive in nature. We take the strictest of measures to maximize guest-safety.

Valuables

We recommend that guests place all their valuables in the locker provided during the therapy. The management is not liable for any loss of valuables.







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Swedish Therapy Helps stimulate blood circulation and relax tight muscles. An ideal treatment to get rid of sore muscles and body pain with smooth, gliding strokes.	Rs.1850 60 mins. Rs.2400 90 mins.	White Lotus Signature Therapy Experience the best massage techniques, all put together into a single therapy! Our signature Therapy, indulgence for the mind, body and soul.	Rs.3200 90 mins.
Aroma Therapy Gentle, soothing strokes with essential oils, to give a relaxing and holistic experience. The strokes and movements comfort your body, while the essential oils work towards balancing your mind.	Rs. 1850 60 mins. Rs. 2400 90 mins.	Body Exfoliation Exfoliation helps the body shed dead skin cells, exposing healthier looking, and more radiant skin waiting just beneath. Pamper your selves with our choices of scrubs.	Rs. 1850 45 mins.
Energizing Thai Therapy Developed by Thai Buddhist monks as a healing modality 2,500 years ago, Thai massage uses passive stretching and gentle pressure along the body's energy lines to increase flexibility.	Rs. 2050 60 mins. Rs. 2800 90 mins.	Body Masks Envelope yourself into mud masks and reap some of mud's natural healing and detoxifying benefits	Rs, 1850 45 mins.
Balinese Therapy A mix of gentle stretches, acupressure and aroma therapy oils, to stimulate blood flow, oxygen and 'chi' (energy), around the body.	Rs,2050 60 mins. Rs,2800	Foot Spa A 30 minute foot massage followed by an exfoliating scrub giving you a refresing and renewed skin that glows, followed by a pore-filling masks, leaving you with beautiful looking feet.	Rs.1250 45 mins.
Deep-tissue Therapy Concentrating on specific areas with slower and firmer strokes, to help stimulate blood flow and oxygen around the body. This gets rid of toxins in very sore	90 mins. Rs.2050 60 mins. Rs.2800	Foot and Hand Care Beautify your hands and your feet Regular pedicure/ Manicure The White Lotus Pedicure/ Manicure	Rs, 1250 45 mins.
and strained muscles, helping them to strengthen and heal. White Lotus Indulgence Indulge with a relaxing 60mins. massage. followed	90 mins. Rs. 3200	White Lotus Express Therapy Tight schedules and extended work hours leave little time for yourself? Our Express Therapy who are stressed, tired and short on time.	<i>Rs.900</i> 90 mins.
by an exfoliating scrub, body mask and a soothing head touch.	90 mins.	- FOOT REFLEXOLOGY - DE-STRESS BACK MASSAGE - HEAD, NECK & SHOULDERS	Rs.1200 60 mins.